

Wellness Committee Meeting Agenda and Minutes

Meeting Date: 9/19/2018

School: BES

Team: Wellness Committee

Members Present: Staphanie Glavey, Kerri Doyle

Members Absent: Ryan McKenna, Krystal V., Time Rice

1. Work Life Balance- moving date to 11/28
2. Dental Month
 - a. Lakeside Smile
3. Turkey Trot
 - a. Count bracelets - Order More if needed
 - b. Date: 11/19 (11/20 rain date)
 - c. Contact student council - Food Donation
 - i. Brooks/Hopkins
 - d. Lunch/Recess times for younger kids- When they will run
 - i. How long to do it (30 mins)
 1. 10/15 minutes inbetween to get kids back inside
 - ii. Food for after
 1. Water, granola bars, Apples?
 - e. Flyers- Make
 - f. End 68 hour hunger- Contact for what they need- Meredith
 - i. Then contact Food Pantry
 - g. Talk to Tim about getting a sub for that day
 - h. Picture of winners
 - i. Kerri- Talk to hannafor and others for Frozen Turkeys
 - j. Contact Chris Roberts- Meadow Farm- See if she can still donate Apples
 - k. Ryan at finish line to get the winner
4. Staff Wellness Activity
 - a. "Healthy Lunch" for professional development day
 - i. Plan for April or May
 - ii. Chair Massages
 - b. How much money do we have left?