

**BARNSTEAD SCHOOL DISTRICT**  
**Availability and Distribution of Healthy Foods**

The Barnstead School District will support the availability and distribution of healthy foods and beverages in all school buildings during the school day.

The Superintendent or his/her designee is responsible for ensuring that all foods and beverages distributed within the district meet nutritional standards established by state and federal law relative to: (1) nutrient density; (2) portion size; and (3) nutrition targets, as defined in pertinent law.

The Superintendent or his/her designee is responsible for implementing developmentally appropriate opportunities to learn food preparation skills that support nationally recognized research-based nutrition standards. The Superintendent or his/her designee is responsible for providing annual communication information about the policy and procedure and related curricula to the school community.

**Legal References:**

*7 CFR 210.10, Nutrition Standards And Menu Planning Approaches For Lunches And Requirements For Afterschool Snacks*

*Ed 306.04(a)(23), Availability and Distribution of Healthy Foods*

*Ed 306.11(g), (h), Food and Nutrition Services*

Revised: May 2014

New Sample Policy: May 2012

First Reading: 9-15-14

Second/Approved Reading: 9-30-14